

## UPPER ENDOSCOPY PREP TIMELINE

<b>10 days before:</b> Stop taking these meds	<b>7 days before:</b> Stop taking these meds	<b>5 days before:</b> Stop taking these	<b>3 days before:</b> Stop taking these meds	<b>2 days before:</b> Stop taking these meds	<b>THE DAY BEFORE:</b>	<b>THE MORNING OF YOUR PROCEDURE</b>
Adipex Atti-Plex Fastin Lomaira OraVerse Osymia Phentermine Regitine	Adlyxin Bydureon Monjaro Ozempic Tanzeum Trulicity Wegovy	Aggrenox Brilinta Cilostazol Coumadin Clopidogrel Effient Plavix Pletal Prasugrel Ticlid Warfarin  *Stop all OTC medications, vitamins and supplements.	Contrave Naltrexone Suboxone	Apixaban Eliquis Pradaxa Xarelto	OK to eat and drink today until midnight.  <b>DO NOT EAT AFTER MIDNIGHT.</b>	<b>CLEAR LIQUIDS ONLY. DO NOT EAT BEFORE YOUR PROCEDURE.</b>  <b>STOP DRINKING 2 HOURS BEFORE YOUR CHECK-IN TIME.</b>  NO oral diabetic meds. Ok for 1/2 dose of insulin, hold all other injectable diabetic medications  OK to take BP meds, asthma/respiratory meds, seizure meds, Parkinson's meds, and steroids with <u>sips</u> of water at least 2 HOURS before you check in.

- Clear liquids = water, juice without pulp, sports drinks, Jello, popsicles, sodas, soup broth, tea, black coffee (sugar ok, NO creamer).
  - NO red dyes (red, dark blue, or dark purple colors)
  - NO milk or dairy products
  - NO alcohol
- Bring a driver with you. NO public transportation, Lyft, or Uber.
- FOR YOUR SAFETY, FAILURE TO FOLLOW THESE INSTRUCTIONS MAY RESULT IN YOUR PROCEDURE BEING CANCELLED.