

## COLONOSCOPY PREP TIMELINE

<b>10 days before:</b> Stop taking these meds	<b>7 days before:</b> Stop taking these meds	<b>5 days before:</b> Stop taking these	<b>3 days before:</b> Stop taking these meds	<b>2 days before:</b> Stop taking these meds	<b>THE DAY BEFORE:</b>	<b>THE MORNING OF YOUR PROCEDURE</b>
Adipex Atti-Plex Fastin Lomaira OraVerse Osymia Phentermine Regitine	Adlyxin Bydureon Monjaro Ozempic Tanzeum Trulicity Wegovy	Aggrenox Brilinta Cilostazol Coumadin Clopidogrel Effient Plavix Pletal Prasugrel Ticlid Warfarin  *Stop all OTC medications, vitamins and supplements.  *Stop flax seeds & Chia seeds.	Contrave Naltrexone Suboxone  Anti-diarrhea meds	Apixaban Eliquis Pradaxa Xarelto	CLEAR LIQUIDS ONLY FOR THE ENTIRE DAY! <b>DO NOT EAT TODAY!</b>  Do not take any diuretics/water pills.  1 <sup>st</sup> dose of prep at 5PM.	CONTINUE CLEAR LIQUIDS.  2 <sup>ND</sup> dose of prep 4hrs before leaving your house.  <b>Do NOT drink anything</b> after completing your prep.  NO oral diabetic meds. Ok for 1/2 dose of insulin, hold all other injectable diabetic medications  OK to take BP meds, asthma/respiratory meds, seizure meds, Parkinson's meds, and steroids with <u>sips</u> of water at least 2 HOURS before you check in.

- Clear liquids = water, juice without pulp, sports drinks, Jello, popsicles, sodas, soup broth, tea, black coffee (sugar ok, NO creamer).
  - NO red dyes (red, dark blue, or dark purple colors)
  - NO milk or dairy products
  - NO alcohol
- Bring a driver with you. NO public transportation, Lyft, or Uber.
- FOR YOUR SAFETY, FAILURE TO FOLLOW THESE INSTRUCTIONS MAY RESULT IN YOUR PROCEDURE BEING CANCELLED.